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Cover picture

Industrial Therapy (2006)
David Beales (b. 1954)

The artist writes: I have been painting and drawing since I was a child. When I was 21, I was admitted to Farnborough Psychiatric Unit and was in and out of different hospitals for nearly 20 years, until I was discharged into the community from Stone House Hospital as part of the Care In The Community programme in the early 1990s. I have been able to paint events from the hospital, from the supported houses and the community that has been my home since I left hospital. I decided to confront the issue of prejudice against the mentally ill by using informative illustration and captions to raise awareness of the problems confronting the mentally ill in the community.

Regarding *Industrial Therapy*. In the old psychiatric hospitals, during the day most patients were required to attend the Industrial Therapy Unit. The top rate of pay in 1981 was about 15p an hour. Patients could supplement their £7 a week benefit allowance with a pay packet of between £2 and £4.50 without losing money. The work areas were segregated. The work itself was simple, mainly packing jobs. The most complicated job was assembling ceiling roses. Staff in the Industrial Therapy Unit were friendly and would listen to the patients, who would discuss the problems of the hospital and the other patients while they worked. Considering the low rate of pay the atmosphere was generally good. Perhaps because of the low pay, patients were allowed to wander off and visit the hospital shop during work hours, without loss of pay, as a concession.

Image supplied by the Bethlem Gallery, London (www.bethlemgallery.com). With thanks to Beth Elliott.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.

